

MCCIP Marine Climate Change **Impacts Partnership**

Climate change and marine conservation

Supporting management in a changing environment

Seagrass (Zostera spp.)



Seagrass

Seagrass is a true marine flowering plant and can form extensive meadows in coastal regions around the world. In the UK, seagrass (*Zostera*) species are widespread but are considered to be nationally scarce with a patchy distribution.

Intertidal Zostera noltii beds are often found in muddy sediments. Zostera marina (eelgrass) are found subtidally, typically down to 4-5m depth, in soft sediments of muddy-sand to fine gravel. Both species are found at sites sheltered from significant wave action and siltation, in brackish or fully marine conditions and exhibit large seasonal changes in cover and biomass¹. Seagrasses are amongst the planet's most effective natural ecosystems for sequestering (capturing and storing) carbon; but if dearaded, they could release stored carbon into the atmosphere and contribute to global warming².

Seagrass leaves slow water currents aiding settlement of particles and larvae, and improving water clarity, while the rhizomes (which produce roots and shoots) stabilize the sediment. The leaves provide a surface of attachment for a number of species and the canopy provides shelter, as well as acting as a valuable nursery for commercially important fish species. When exposed, they are an important food resource for wintering wildfowl^{3,4}.

The beds provide habitats for species of conservation importance such as stalked jellyfish and seahorses⁵. The detritus from *Zostera* beds can provide an important source of organic matter for surrounding coastal habitats^{6,7}.

Overall, Zostera beds can increase the biological diversity of an area and are considered of economic and conservation importance⁸. Following the large scale decline of subtidal seagrass in the 1930s due to a wasting disease, recolonization has not led to an extent and distribution equal to the historical levels⁹.

Scientific evidence for climate change impacts

Seagrass is sensitive to disturbance from human activities (Table 1) and OSPAR⁹ report that seagrass is under threat in all areas where it occurs and is declining across the Greater North Sea.

Survival and health of seagrass is linked to changes in adjacent land as well as adjacent waters¹⁰. Eutrophication from increased nutrient input and smothering from increased sedimentation are the main threats to seagrass as a result of human activities^{8,11}.

Impacts may be reversible if the activity is of low intensity and short duration and conditions may return to those found before the activity. If rhizomes fragment or seeds remain in the locality, rapid recovery can occur. If there is a permanent change to the sea-bed, water clarity or current or sediment regime and/or entire beds are lost, re-colonization

is unlikely or may take a considerable time⁹. These permanent changes may occur in response to the human pressures listed in Table 1, but the effects of climate change can also prompt additional impacts (Table 2).

Climate change is affecting seawater temperature, salinity, sea level, rainfall and weather patterns with potentially wide-ranging biological effects. Globally averaged ocean temperature anomalies, relative to a 1971–2010 mean, reveal warming is occurring at a rate of 0.11 (0.09 to 0.13) °C per decade in the upper 75 m¹⁴. This seemingly small change could be occurring at a faster rate than seagrass species can respond to. In addition, the larger seasonal change in air temperatures may cause further increases in the temperature of shallow waters or intertidal environments colonised by seagrass.

Table 1: Pressures and effects on seagrass as a result of human activities

Human pressure	Effect of impact on seagrass	
	Positive	Negative
Eutrophication - nutrient loading from urbanization, run off from agricultural activities and aquaculture.	May lead to increased investment in biomass and/or flowering and sexual reproduction ¹¹ .	Increased risk from disease, reduction in net growth and primary production. Increase in growth of epiphytes on subtidal seagrass and potential smothering by opportunistic algae on intertidal habitats.
Siltation - adjacent land management, shoreline erosion, dredging, dumping, mineral extraction, boating activities, fishing and aquaculture.	Nutrient inputs associated with a small increase in sedimentation may benefit seagrass growth.	Decrease in shoot density and productivity. Increase in mortality ¹² due to reduced light availability for photosynthesis.
Physical disturbance of supporting sediment habitats - from dredging, trawling, bait digging, hand gathering, anchoring, construction, land reclamation.		Erosion of fine sediment, bed fragmentation and habitat loss. Plants uprooted by trawling gear and anchors. Compression of sediment and reduction in availability of oxygen to roots and rhizomes.

Table 2: Effects on seagrass due to climate change impacts. Whilst many of these are negative, there could be some positive effects too.

Climate change impact	Effect of impact on seagrass	
	Positive	Negative
Increase in seawater temperature	Senescence (deterioration) in the winter may be reduced. Increased temperatures can increase seed germination ¹⁵ . Potential for habitats to be more suitable at more northerly latitudes.	Higher temperatures in shallow waters can result in growth reduction ^{16,17,18} , and declines in net primary production ¹⁹ . Periods of summer senescence may increase.
Sea-level rise	Potential for shift of beds inland if new habitat is created.	Coastal squeeze and loss of supporting habitat in correct tolerance range (depth, light levels, etc.). In restricted intertidal estuarine zones, populations may not be able to shift at a pace with sea-level rise.
Changes in storminess		Increase in mobilized sediment due to changes in hydrodynamics. Reduced light availability for photosynthesis. Smothering threat from burial and erosion. Potential for physical disturbance ²⁰ .
Changes to rainfall regimes	Changes in salinity are unlikely to affect distribution as both species have large salinity tolerances ²¹ . A decrease in salinity below ~ 22 ppt reduces wasting disease activity ²² .	Higher light requirement ²³ due to impact from higher sediment loads and reduced light availability. In a field experiment, negative effects were visible even at the lowest burial level (5 cm) and shortest duration (4 weeks), with increasing effects over time and burial level ²⁴ .
Ocean acidification	Raised aqueous CO_2 levels enhance seagrass survival, photosynthesis, growth, and proliferation at warm temperatures ^{25,26} . Seagrass growth may maintain a lower CO_2 concentration, reducing stress to calcifying organisms ²⁷ .	If calcifying organisms are stressed, there may be a reduction in epiphytic grazers, leading to seagrass stress from excess epiphytes.



A seagrass bed providing fish habitat. Ben James © SNH.

What is already being done to support management of seagrass in a changing climate?

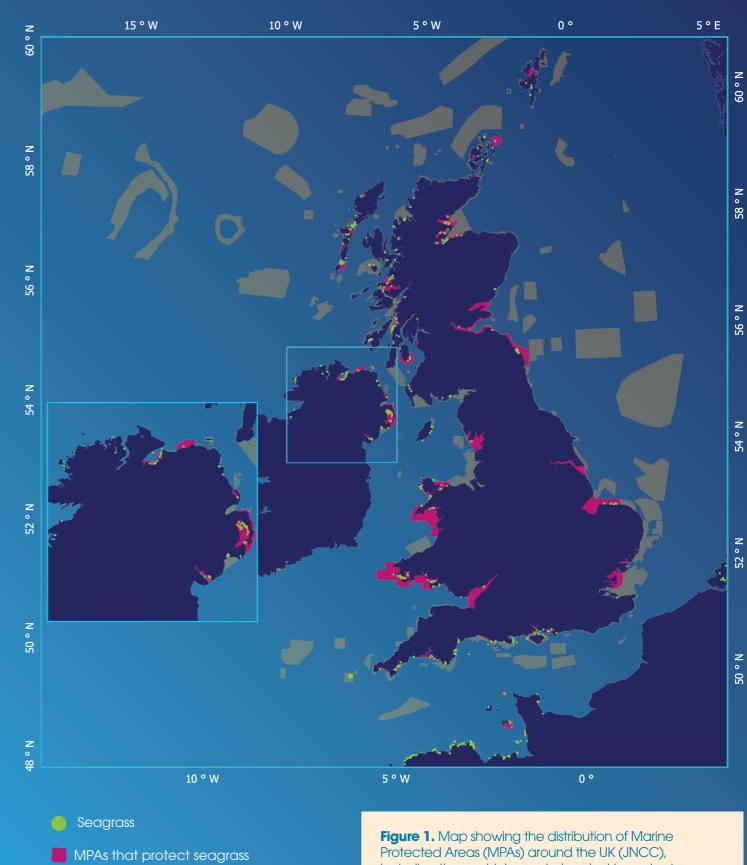
Management measures have particularly focused on seagrass where it occurs within Marine Protected Areas (MPAs), although voluntary action through stakeholder groups has been implemented outside of sites.

To date, these measures have focused on response to human impacts rather than climate change and include:

- Closure of seagrass beds to bait digging/ hand gathering for cockles.
- Prevention of anchoring and mooring via voluntary measures and byelaws.

- Prevention of demersal fishing activities through voluntary measures, and increasingly through byelaws implemented under the revised approach to fisheries management.
- Run off management to control risk of eutrophication (e.g. diffuse water pollution plans and catchment sensitive farming).
- Access management around areas of intertidal seagrass.
- Refusal of consent for activities or development within MPAs, that would create localized changes in water temperatures, salinity, exposure etc.





UK MPAs (MCZ, NCMPA, SAC, SPA, SSSI)

© Crown copyright. All rights reserved. This map reflects the best available information in 2018. Fin Pr in se su a

Figure 1. Map showing the distribution of Marine Protected Areas (MPAs) around the UK (JNCC), including those which are designated to protect seagrass or features of which seagrass are communities, such as sandbanks or mudflats. The seagrass locations are taken from the European Marine Observation Data Network (EMODnet) and from regional administrations²⁸.

What management measures for seagrass could also increase resilience to climate change?

There are already a number of management measures in place to control human-induced impacts to seagrass that also support climate resilience. However, there are additional actions that could be considered to further promote resilience and adaptation. These include:

 Predictive models of seagrass distribution may be a useful tool for management and conservation efforts²⁹. Predictive models have used data on the physical environment (e.g. water clarity, depth, current speed, wave exposure and sediment type and gradient) to identify site selection for transplantation³⁰ and to predict distribution³¹. Areas defined as suitable habitat by multiple methods can be used to conserve core populations, to serve as refugia and to help re-seed areas lost and damaged due to human activities and climate change. Combined with advice on operations in MPAs, managers could identify when low risk activities may pose a higher risk on longer time scales. • Decision support tools can be applied that use geophysical and ecological characteristics, in a step wise process. They can be used to identify and manage situations where low risk activities, from land-based threats of nutrient and sediment runoff, could become high risk when combined with the impacts of climate change^{32,33}.

- Implementation of specific protective measures during coastal works e.g. prevent dredging for shellfish, vessel anchoring in beds, dredging and silt disturbing activities nearby, use silt curtains and restrict activities during sensitive periods (such as during seed dispersal in the early growing season).
- Wider considerations for Catchment Sensitive Farming, water quality plans, including controlling sedimentation, to fully protect marine features.
- Conservation action to maintain grazing species in seagrass beds, with the aim of limiting impacts of opportunistic algae that could increase with warming temperatures. This could be achieved by reducing top down predation on the grazers or culturing and adding extra grazers.



What wider management options could feasibly be considered?

- Climate change pressures, such as rising sea temperatures, mean more species need to move in order to adapt. By focusing conservation efforts on areas that could act as links to other 'shelter' habitats, such as saltmarsh, habitat corridors could be formed that allow species to move in a protected environment. Colonisation of estuarine macrofauna to seagrass has been known to be enhanced in the presence of such corridors³⁴. Protecting the whole site, including its corridors, rather than individual features will ensure the wider environment is fully supported to allow for adaptation.
- Natural, long term restoration via seed or laboratory grown seedlings (after suitable habitat recreation), has been successful with *Z. marina* and other species in the USA^{35,36}, but has had a variable, and often low, success rate³⁷. It should only be considered as a management option when there is evidence that donor populations will not be damaged, environmental conditions at new sites to replace those sites lost to climate change impacts are suitable, and reference has been made to best practice to ensure that long-term transplantation has a significant likelihood of success.
- Site management that future proofs the features in protected sites and takes into consideration the effect of management activities in adjacent marine and terrestrial ecosystems.

Practical actions to support management

Stage/ assessment	Action
Establish baseline for the feature	 a) Establish the current distribution, aerial extent and a b) Compile any historical records with the required q extent and cover. c) Ascertain what, if any, management measures are
Determine vulnerability of the feature	 a) Identify relevant land-based drivers that introduce and likely future change in human pressures. b) Use direct observation and predictive modelling clarity, depth, wave exposure, current speed) an that will affect the feature. c) Identify the most likely effects of climate change at
Determine Management options	Determine the following when taking management a) What level of monitoring can be implemented to b) Can improvement be made to management to r b) Is the site at low risk to climate change and other c) If the site is at high risk to climate change is there p seagrass beds that could act as refugia? d) Can the risk of loss be reduced by protecting med phenotypes and genetic make-up? Identify potential areas for growth. The effects of any actions need to be monitored and

A recent review of the guidelines for designating SSSIs now specifically includes the requirement to future proof protected sites and their boundaries. This means that sites and their features may be designated and managed with more consideration to the impacts of climate change on supporting habitats for designated features, such as seagrass.

- Improve understanding of natural variability, through research and case studies, so this can be separated from human-induced changes in order to apply the correct management measures. This is important given it is well documented that *Zostera marina* and *nottii* undergo a high level of inter-annual change as a result of natural environmental variability.
- Updated sensitivity assessments for marine features, including seagrass, have been produced to support conservation advice delivered by agencies. These assessments could be used in combination with predicted or known climate change impacts to make expert judgement of cumulative effects of pressures. This should incorporate impacts from climate change and human sources, in order to inform effect management decisions. If these techniques can be developed to provide longer term (decadal) confidence in these assessments, they would be a valuable tool for long term marine planning to support conservation.

cover of seagrass meadows in the UK. quality to determine any temporal change in distribution,

re already in place.

e nutrient or sediment loading and determine extent of current

to project current and potential changes in the physical (water nd biological (growth, productivity, epiphytic cover) environment

at sites and estimate rates of change.

actions:

- identify any change in existing meadows?
- reduce human impact at the site?
- er pressures so that it can serve as a refugium?
- potential connectivity with better placed or adapted, adjacent

adows across a wide geographical range, covering different

d local codes of practice considered.

References

- Connor, D. W., James A. H., Golding, N., Howell, K. L., Lieberknecht, L. M., Northen K. O., and Reker J. B. (2004). The Marine Habitat Classification for Britain and Ireland Version 04.05. JNCC, Peterborough.
- Macreadie, P.L, Bairda, M.E, Trevathan-Tacketta S.M, Larkuma A.W.D and Ralpha P.J. (2013). Quantifying and modelling the carbon sequestration capacity of seagrass meadows – A critical assessment. Marine Pollution Bulletin Volume 83, Issue 2, 30 June 2014, Pages 430-439.
- Maddock, A. (2008). Priority habitat descriptions: UK biodiversity action plan. UK Government.
- Bertelli, C.M., Unsworth, R.K. (2014). Protecting the hand that feeds us: seagrass (*Zostera marina*) serves as commercial juvenile fish habitat. Marine Pollution Bulletin 83:425-9. doi: 10.1016/j.marpolbul.2013.08.011.
- 5. Hiscock, K., Sewell, J. and Oakley, J. (2005). Marine Health Check 2005. A report to gauge the health of the UK's sea-life. Godalming, WWF-UK.
- Tyler-Walters, H. and Wilding, C.M. (2008). Zostera marina/angustifolia beds in lower shore or infralittoral clean or muddy sand. Marine Life Information Network: Biology and Sensitivity Key Information Sub-programme (on-line). Plymouth: Marine Biological Association of the United Kingdom. Available from: http://www.marlin.ac.uk/ habitatecology.php?.
- Tyler-Walters, H. and Wilding, C.M. (2008). Zostera noltii beds in upper to mid shore muddy sand. Marine Life Information Network: Biology and Sensitivity Key Information Sub-programme (on-line). Plymouth: Marine Biological Association of the United Kingdom. Available from: http://www.marlin.ac.uk/habitatsbasicinfo. php?habitatid=318&code=2004.
- d'Àvack, E.A.S., Tillin, H., Jackson, E.L. and Tyler-Walters, H. (2014). Assessing the sensitivity of seagrass bed biotopes to pressures associated with marine activities. JNCC Report No. 505. Peterborough, Joint Nature Conservation Committee.
- 9. OSPAR (2009). Background Document for Zostera beds, (Seagrass beds). OSPAR Commission Biodiversity Series. Publication Number: 426/2009.
- Short, F.T., Kosten, S., Morgan, P.A., Malone, S. and Moore, G.E. (2016). Impacts of climate change on submerged and emergent wetland plants. Aquatic Botany 135: 3-17.
- Jones, B.L. and Unsworth, R.K. (2016). The perilous state of seagrass in the British Isles. Royal Society Open Science 3: 150596. doi:10.1098/ rsos.150596.
- Van Lent, F., Verschuure, J.M. and Veghel, M.L.J. (1995). Comparative study on populations of *Zostera marina* L. (eelgrass): in situ nitrogen enrichment and light manipulation. Journal of Experimental Marine Biology and Ecology 185: 55-76.
- Cabaço, S.; Santos, R. and Duarte, C.M. (2008). The impact of sediment burial and erosion on seagrasses: A review. Estuarine Coastal and Shelf 79: 354-366.
- Rhein, M., Rintoul, S.R., Aoki, S., Campos, E., Chambers, D., Feely, R.A., Gulev, S., Johnson, G.C., Josey, S.A., Kostlanoy, A., Mauritzen, C., Roemmich, D., Talley L.D. and Wang, F. (2013). Observations: Ocean. In: Climate Change 2013: The Physical Science Basis. Contribution of Working Group I to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change (Stocker, T.F., D. Qin, G.-K. Plattner, M. Tignor, S.K. Allen, J. Boschung, A. Nauels, Y. Xla, V. Bex and P.M. Midgley (eds.)). Cambridge University Press, Cambridge, United Kingdom and New York, NY, USA.
- Hootsmans, M.J.M., Vermaat, J.E. and Van Vierssen, W. (1987). Seedbank development, germination and early seedling survival of two seagrass species from The Netherlands: *Zostera marina* L. and Zostera noltii hornem. Aquatic Botany 28: 275-285.
- Short, F.T. (1980). A simulation model of the seagrass production system. In: Phillips, R.C. and McRoy, C.P. (Eds.), Handbook of Seagrass Biology: An Ecosystem Perspective. Garland STPM Press, NY, pp. 275–295.
- Kaldy, J.E. (2014). Effect of temperature and nutrient manipulations on eelgrass *Zostera marina* L. from the Pacific Northwest, USA. Journal of Experimental Marine Biology and Ecology 453: 108–115.
- Thom, R., Southard, S. and Borde, A. (2014). Climate-linked mechanisms driving spatial and temporal variations in eelgrass (Zostera marina L.) growth and assemblage structure in Pacific Northwest estuaries, USA. In: Huang, W. and Hagen, S.C. (Eds.), Climate Change Impacts on Surface Water Systems. Coconut Creek, Florida) (Journal of Coastal Research, Special Issue, 68, 1-11, ISSN 0749-0208).
- Moore, K.A., Shields, E.C. and Parrish, D.B. (2014). Impacts of varying estuarine temperature and light conditions on *Zostera marina* (Eelgrass) and its interactions with Ruppia maritima (Widgeongrass). Estuaries and Coasts 37(Suppl 1) SI, S20-S30.
- Fonseca, M.S., Kenworthy, W.J. and Whitfield, P.E. (2000). Temporal dynamics of seagrass landscapes: A preliminary comparison of chronic and extreme disturbance events. Biologia Marina Mediterranea 7: 373–376.

- Salo, T., Pedersen, M.F. and Boström, C. (2014). Population specific salinity tolerance in eelgrass (Zostera marina). Journal of Experimental Marine Biology and Ecology 461: 425–429.
- Short, F.T., Mathieson, A.C. and Nelson, J.I. (1986). Recurrence of the eelgrass wasting disease at the border of New Hampshire and Maine, USA. Marine Ecology Progress Series 29:89–92.
- Erftemeijer, P.L.A., and Lewis, R.R.R. (2006). Environmental impacts of dredging on seagrasses: A review. Marine Pollution 52, 1553-1572. Fonseca, M.S., Kenworthy, W.J., Whitfield, P.E. (2000). Temporal dynamics of seagrass landscapes: A preliminary comparison of chronic and extreme disturbance events. Biologia Marina Mediterranea 7: 373-376.
- Munkes, B; Schubert, P; Karez, R and Reusch, T.B.H (2015). Experimental assessment of critical anthropogenic sediment burial in eelgrass Zostera marina. Marine Pollution Bulletin, 100(1), 144-153, https://doi. org/10.1016/j.marpolbul.2015.09.013
- Repolho, T., Duarte, B., Dionísio, G., Paula, J.R., Lopes, Rosa, A.R., I.C., Grilo, T.F., Caçador, I., Calado, R. and Rosa, R. (2017). Seagrass ecophysiological performance under ocean warming and acidification. Scientific Reports: 7: Article number: 41443.
- Zimmerman, R. C., Hill, V. J., Jinuntuya, M., Celebi, B., Ruble, D., Smith, M., Cedeno, T. and Swingle, W. M. (2017). Experimental impacts of climate warming and ocean carbonation on eelgrass *Zostera marina*. Marine Ecology Progress Series 566: 1-15.
- Manzello, D.P.; Enochs, I.C.; Melo, N; Gledhill, D.K. and Johns, E.M. (2012) Ocean Acidification Refugia of the Florida Reef Tract. PLOS ONE 7 Article Number: e41715 Published: JUL 27 2012.
- European Marine Observation Data Network (EMODnet) Seabed Habitats project (http://www.emodnet-seabedhabitats.eu/), funded by the European Commission's Directorate-General for Maritime Affairs and Fisheries (DG MARE).
- Hotaling-Hagan, A., Swett, R., Ellis, L.R. and Frazer, T.K. (2016). A spatial model to improve site selection for seagrass restoration in shallow boating environments. Journal of Environmental Management 186: 42-54.
- Short, F. T., Davis, R. C., Kopp, B. S., Short, C. A. and Burdickm D. M. (2002). Site selection model for optimal restoration of eelgrass, *Zostera marina* in the northeastern US. Marine Ecology Progress Series 227: 253-267.
- Downie, A.-L., von Numers, M. and Boström, C. (2013). Influence of model selection on the predicted distribution of the seagrass *Zostera marina*. Estuarine, Coastal and Shelf Science 121-122: 8-19.
- 32. Björk M., Short F., Mcleod, E. and Beer, S. (2008). Managing Seagrasses for Resilience to Climate Change. IUCN, Gland, Switzerland. 56pp.
- Fredston-Herman A., Brown C.J., Albert, S. Klein, C.J., Mangubhai, S., Nelson, J.L., Teneva, L., Wenger, A., Gaines, S.D. and Halpern, B.S. (2016) Where does river runoff matter for coastal conservation. Frontiers in Marine Science 3:273 doi: 10.3389/mars.2016.00273.
- Darcy, M.C. & Eggleston, D.B. (2005). Do Habitat Corridors Influence Animal Dispersal and Colonization in Estuarine Systems? Landscape Ecology 20: 841. https://doi.org/10.1007/s10980-005-3704-y
- McGlathery, J.K., Reynolds, L.K., Cole, L.W., Orth, R.J., Marion, S.R. and Schwarzschild, A. (2012). Recovery trajectories during state change from bare sediment to eelgrass dominance. Marine Ecology Progress Series 448: 209–221.
- Thorhaug, A., Poulos, H.M., López-Portillo, J., Ku, T. C.W. Berlyn, G. P. (2017). Seagrass blue carbon dynamics in the Gulf of Mexico: Stocks, losses from anthropogenic disturbance, and gains through seagrass restoration. Science of The Total Environment 605–606: 626-636.
- 37. van Katwijk, M. M., Thorhaug, A., Marbà, N., Orth, R. J., Duarte, C. M., Kendrick, G. A., Althuizen, I. H. J., Balestri, E., Bernard, G., Cambridge, M. L., Cunha, A., Durance, C., Giesen, W., Han, Q., Hosokawa, S., Kiswara, W., Komatsu, T., Lardicci, C., Lee, K.-S., Meinesz, A., Nakaoka, M., O'Brien, K. R., Paling, E. I., Pickerell, C., Ransijn, A. M. A. and Verduin, J. J. (2016). Global analysis of seagrass restoration: the importance of large-scale planting. Journal of Applied Ecology 53: 567–578.

Authors: Kathryn Dawson (Natural England), Hilary Kennedy (Bangor University), Mike Best (Environment Agency), Eve Leegwater (Environment Agency), Paul Brazier (Natural Resources Wales)

Please cite this document as: MCCIP (2018). Climate change and marine conservation: Seagrass (Eds. Dawson K, Kennedy H, Leegwater E and Brazier P) MCCIP, Lowestoft, 8pp. doi: 10.14465.2018.ccmco.007-sgr

Front cover image - Seagrass bed in the Sound of Barra. Christine $\operatorname{Howson} \circledcirc \operatorname{SNH}$